



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It puts you down before you know it  
It's (1)\_\_\_\_\_ and you're dead again  
I've been in places and I won't pretend  
That I make it I just follow my head  
When its strange to (2)\_\_\_\_\_ a walk downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot believe my own truth  
To (3)\_\_\_\_\_ what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
You know (4)\_\_\_\_\_ days when you wanted to choose  
To not get out of bed and get lost in your (5)\_\_\_\_\_ again  
You play the game but you gotta cut  
'Cause you're coming down hard your joints are off stud  
I tried to say that's not the only way  
I never knew if I could convince myself to change  
You were pacing I was insecure  
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (6)\_\_\_\_\_ that way  
Yeah yeah and I'm alright  
I took a sip of (7)\_\_\_\_\_ poison but I'll hold  
on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll (8)\_\_\_\_\_ on tight  
Yeah yeah and it's okay  
I tie my (9)\_\_\_\_\_ up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of something poison...



## Fill in the gaps

Answer

1. gone
2. take
3. show
4. those
5. head
6. fall
7. something
8. hold
9. hands