



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes (1)\_\_\_\_\_ it takes you by the hand  
It puts you down (2)\_\_\_\_\_ you (3)\_\_\_\_\_ it  
It's gone and you're dead again  
I've been in places and I won't pretend  
That I make it I just (4)\_\_\_\_\_ my head  
When its strange to (5)\_\_\_\_\_ a (6)\_\_\_\_\_ downstairs  
Sweep you all up on a corner and pay for my bread  
You know (7)\_\_\_\_\_ I cannot believe my own truth  
To (8)\_\_\_\_\_ what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a (9)\_\_\_\_\_ so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something (10)\_\_\_\_\_ but I'll hold on  
tight  
You know (11)\_\_\_\_\_ days when you  
(12)\_\_\_\_\_ to choose  
To not get out of bed and get lost in your head again  
You play the game but you gotta cut  
'Cause you're coming down hard your (13)\_\_\_\_\_  
are off stud  
I tried to say that's not the only way  
I never knew if I could (14)\_\_\_\_\_ myself to  
change  
You were pacing I was insecure  
Slip and fall I got the (15)\_\_\_\_\_ of the prison I was living  
in

Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something (16)\_\_\_\_\_ but I'll  
(17)\_\_\_\_\_ on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of (18)\_\_\_\_\_ poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my hands up to a (19)\_\_\_\_\_ so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something (20)\_\_\_\_\_ but I'll  
(21)\_\_\_\_\_ on tight  
Yeah yeah and it's okay  
I tie my (22)\_\_\_\_\_ up to a chair so I don't fall  
(23)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of (24)\_\_\_\_\_ poison  
A sip of something poison...



Answer

1. life
2. before
3. know
4. follow
5. take
6. walk
7. that
8. show
9. chair
10. poison
11. those
12. wanted
13. joints
14. convince
15. call
16. poison
17. hold
18. something
19. chair
20. poison
21. hold
22. hands
23. that
24. something

**Fill in the gaps**