



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes life it takes you by the hand  
It puts you down before you (1)\_\_\_\_\_ it  
It's gone and you're dead again  
I've (2)\_\_\_\_\_ in places and I won't pretend  
That I make it I (3)\_\_\_\_\_ follow my head  
When its strange to take a walk downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot (4)\_\_\_\_\_ my own truth  
To show (5)\_\_\_\_\_ a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a (6)\_\_\_\_\_ so I don't  
(7)\_\_\_\_\_ (8)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of (9)\_\_\_\_\_ poison but I'll hold  
on tight  
You know those days when you wanted to choose  
To not get out of bed and get lost in your head again  
You play the game but you gotta cut  
'Cause you're (10)\_\_\_\_\_ down hard your  
(11)\_\_\_\_\_ are off stud  
I tried to say that's not the only way  
I (12)\_\_\_\_\_ knew if I could convince myself to change  
You were pacing I was insecure  
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay  
I tie my hands up to a (13)\_\_\_\_\_ so I don't fall  
(14)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll (15)\_\_\_\_\_ on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (16)\_\_\_\_\_  
(17)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I (18)\_\_\_\_\_ a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall (19)\_\_\_\_\_ way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my (20)\_\_\_\_\_ up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of something poison  
A sip of (21)\_\_\_\_\_ poison...



**Fill in the gaps**

**Answer**

1. know
2. been
3. just
4. believe
5. what
6. chair
7. fall
8. that
9. something
10. coming
11. joints
12. never
13. chair
14. that
15. hold
16. fall
17. that
18. took
19. that
20. hands
21. something