



## Fill in the gaps

### Helena Beat by Foster The People

Sometimes (1)\_\_\_\_\_ it (2)\_\_\_\_\_ you by the hand  
It puts you down (3)\_\_\_\_\_ you know it  
It's gone and you're (4)\_\_\_\_\_ again  
I've been in places and I won't pretend  
That I (5)\_\_\_\_\_ it I just (6)\_\_\_\_\_ my head  
When its strange to take a walk downstairs  
Sweep you all up on a corner and pay for my bread  
You know that I cannot believe my own truth  
To show what a truth, got nothin' to lose  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (7)\_\_\_\_\_ that way  
Yeah yeah and I'm alright  
I took a sip of something poison but I'll hold on tight  
You (8)\_\_\_\_\_ those days when you (9)\_\_\_\_\_ to choose  
To not get out of bed and get lost in your head again  
You play the game but you gotta cut  
'Cause you're coming down (10)\_\_\_\_\_ your joints are off stud  
I (11)\_\_\_\_\_ to say that's not the only way  
I (12)\_\_\_\_\_ knew if I could convince (13)\_\_\_\_\_ to change  
You were pacing I was insecure  
Slip and fall I got the call of the prison I was living in

Yeah yeah and it's okay  
I tie my (14)\_\_\_\_\_ up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I took a sip of (15)\_\_\_\_\_ poison but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't (16)\_\_\_\_\_ that way  
Yeah yeah and I'm alright  
I (17)\_\_\_\_\_ a sip of something poison  
A sip of something poison...  
Yeah yeah and it's okay  
I tie my (18)\_\_\_\_\_ up to a chair so I don't (19)\_\_\_\_\_ that way  
Yeah yeah and I'm alright  
I took a sip of something (20)\_\_\_\_\_ but I'll hold on tight  
Yeah yeah and it's okay  
I tie my hands up to a chair so I don't fall that way  
Yeah yeah and I'm alright  
I (21)\_\_\_\_\_ a sip of (22)\_\_\_\_\_ poison  
A sip of (23)\_\_\_\_\_ poison...



Answer

**Fill in the gaps**

1. life
2. takes
3. before
4. dead
5. make
6. follow
7. fall
8. know
9. wanted
10. hard
11. tried
12. never
13. myself
14. hands
15. something
16. fall
17. took
18. hands
19. fall
20. poison
21. took
22. something
23. something