

Fill in the gaps

Helena Beat by Foster The People

Sometimes life it takes you by the hand	Yean yean and it's okay
It puts you down (1) you know it	I tie my hands up to a chair se
It's gone and you're dead again	Yeah yeah and I'm alright
I've been in places and I won't pretend	I took a sip of something (1
That I make it I just (2) my head	tight
When its (3) to take a walk downstairs	Yeah yeah and it's okay
Sweep you all up on a corner and pay for my bread	I tie my hands up to a chair se
You know (4) I (5) believe my own	Yeah yeah and I'm alright
truth	I took a sip of something pois
To show what a truth, got nothin' to lose	A sip of (19)
Yeah yeah and it's okay	Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall (6) way	I tie my hands up to a
Yeah yeah and I'm alright	(21) that way
I took a sip of something (7) but I'll	Yeah yeah and I'm alright
(8) on tight	I took a sip of (22)
You know (9) days when you wanted to choose	on tight
To not get out of bed and get lost in your head again	Yeah yeah and it's okay
You play the game but you gotta cut	I tie my hands up to a (23)
'Cause you're (10) down hard (11)	Yeah yeah and I'm alright
joints are off stud	I took a sip of something pois
I tried to say that's not the (12) way	A sip of something poison
I (13) if I could convince	
(15) to change	
You were pacing I was insecure	
Slip and fall I got the (16) of the prison I was	
(17) in	

I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something (18)_______ but I'll hold on tight
Yeah yeah and it's okay
I tie my hands up to a chair so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison
A sip of (19)______ poison...
Yeah yeah and it's okay
I tie my hands up to a (20)_____ so I don't (21)_____ that way
Yeah yeah and I'm alright
I took a sip of (22)_____ poison but I'll hold on tight
Yeah yeah and it's okay
I tie my hands up to a (23)_____ so I don't fall that way
Yeah yeah and I'm alright
I took a sip of something poison
A sip of something poison



1. before

- 2. follow
- 3. strange
- 4. that
- 5. cannot
- 6. that
- 7. poison
- 8. hold
- 9. those
- 10. coming
- 11. your
- 12. only
- 13. never
- 14. knew
- 15. myself
- 16. call
- 17. living
- 18. poison
- 19. something
- 20. chair
- 21. fall
- 22. something
- 23. chair

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